

The Issue

It's hard to pinpoint exactly what has caused the problem, but there is a problem. It could be the internet, the addiction of "gaming," the time required to play team sports now days or a host of other causes. The fact remains however that the youth just aren't as active in the outdoors as they used to be. Less hunting, less hiking, less fishing, less exploring, less imagination. It would seem that our youth, as well as many adults, need to have something entertaining their mind every waking moment. Needless to say, hiking up a mountain, waiting for a fish to bite, or searching for that ever elusive big game animal, leaves a lot of time to imagine and think. That may sound good and all, but it seems that is not something our youth have learned to do in this day and age of technology. In most cases you will see that the minute they have some spare time, out comes the phone and the fingers start texting, gaming, or browsing.

Many may not find a problem with this, but in my opinion, this has some negative ramifications with our youth. From the inability to be creative and think for themselves to a loss of tradition and the outdoor heritage, I feel we should do all we can to instill a love of the outdoors and all it stands for back in our youth.

What can be done? Well, continue reading for one possible solution.



A Solution

Outdoor Youth Challenge

The Outdoor Youth Challenge was designed with the sole purpose of getting our youth back into the outdoors. There are of course unlimited activities that can be done in the outdoors. The goal therefore isn't necessarily what they are doing, as long as they are getting out and enjoying what the outdoors has to offer.

Of course, it can't be done without the help of mentors to facilitate the process. This could be a parent, relative or friend, but without someone helping the youth along, it will be that much harder for the youth to be successful with the challenge.

As you turn the pages and read about the Outdoor Youth Challenge, you will learn how it works and gain an understanding of what the purpose is. You'll see that a large portion of this issue of Gettin' Out is dedicated to the program. Those of us involved with putting the challenge together feel that its importance and success warrants the many pages that are dedicated to it.

oYc

What is it?



The Outdoor Youth Challenge is exactly that, a challenge. A challenge for the youth to get involved in the outdoors in one way or another. There are 50 challenges that can be done and different levels to achieve within each challenge. This way, youth of all skill levels and ages can participate. If hunting is your thing, great; there are lots of hunting challenges. If you don't care to hunt or fish, no problem; there are many challenges that have nothing to do with harvesting game or catching fish. Of course, ideally, you try challenges that fit all aspects of the outdoors, from hunting, to hiking, fishing to camping and yes, even fitness. If you think of a challenge that isn't on the list, there is even a way to do your own.

Benefits

As cool as it would be if youth would get involved with the challenge just to do it, we know that everyone both young and old like incentives. So, we have a lots of good reasons to participate. Those that join will get to be part of the following:

- Participants will have a chance to be highlighted on Jared Scott Outdoors weekly TV show and win prizes if highlighted.
- Families of those in the program will be invited to a barbecue where all those that fulfilled challenges will be recognized. The more accomplished, the higher the recognition.
- At the family barbecue, participants will get a chance to win one of thousands of dollars worth of prizes. The more challenges finished, the more chances of winning.
There are too many prizes to name them all, but here is a taste of what can be won:
Compound Bows, Cabin Rentals from Eagle Ridge Ranch, Fishing the famous Sheridan Lake, Camp Chef gear, RV rentals from OK Trailer, Horse Rides, Hunting, Backpacking and Fishing gear, Upland Bird Hunting trips with Little Birtch Creek Game Birds and much much more!
- Will be able to participate in fishing and hunting opportunities through the program.
- Access to seminars, tips, training and help to accomplish the challenges
- And of course the satisfaction of completing the challenges that will make them stand out from the rest!

How to participate



Sign Up:

First off, you have to sign up to be part of the fun. This can be done by going to www.jaredscottoutdoors.com and following the OYC tab. You can sign up online or stop by several locations in southeast Idaho. A list of those locations is found online. There is a fee of \$39 to help cover the cost of the gear and fund some of the activities and prizes. The fee also helps to make sure that only those that are truly dedicated to the a program are involved. This is for all youth 18 and under, all participants need to have a parents signature authorizing their youths participation.*

Pick your level: Beginner, Intermediate or Experienced

When signing up, each youth needs to pick which level they want to participate in. The idea is that each participant is challenged. With the completion of each challenge, each youth will get an entry into all the prizes that will be drawn within their corresponding level. With that being said, we don't want experienced youth just fulfilling the easier goals that are designed for younger or inexperienced participants just to make it easy. With that in mind, we expect a lot more entries for the beginner level challenges and the least amount of entries in the experienced level. Those that can and do fulfill challenges in the harder levels will probably have better chances of drawing some great prizes.

Pick your challenge:

Once you have signed up, it's time to figure out what your first challenge will be. On the following pages you will find 50 challenges! Pick one or several to work on at a time.

One trip cannot count for multiple challenges. For example, a long day of hiking to find and harvest a deer does not count for both the hiking challenge and the harvest a big game challenge. We are not looking for ways to get several challenges done easily, but separate adventures for each challenge.

Documentation:

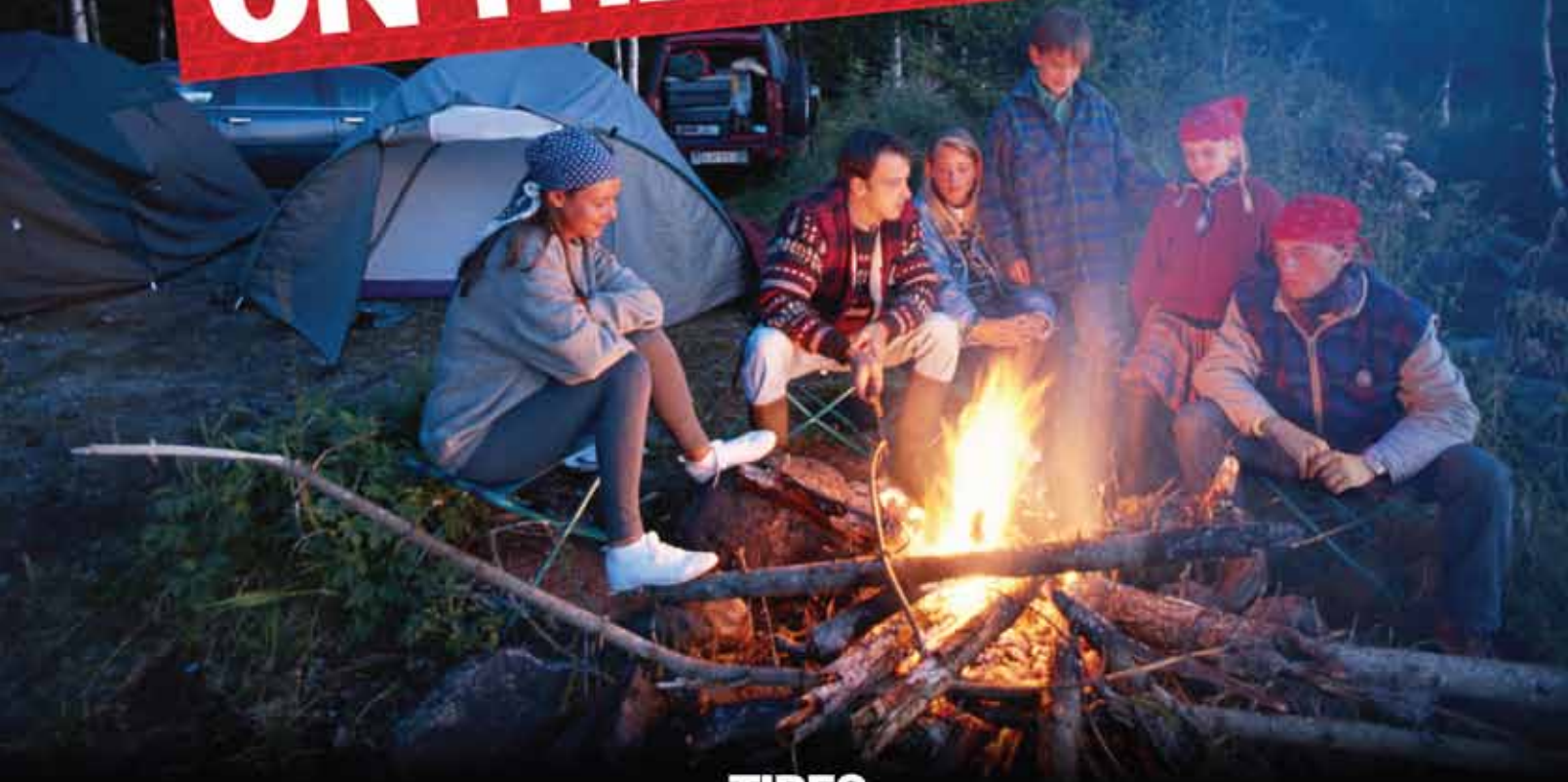
Keep a camera handy, because with the completion of each challenge you need a photo documenting some aspect of it. Also, a brief write up on the forms provided when you signed up will need to be done with each challenge. Now as with anything, this is an "on your honor" program. No one wants to be wasting their time verifying that you did or did not do an activity. However, cheating only hurts the cheater. The goal of this program is not an "everybody wins" event. Many of the challenges are meant to be tough, and may take several trips or tries to accomplish it. It is not good enough just to try. For example if catching a Salmon or Steelhead is a challenge you are trying to reach. It may take several days and trips before you are successful. If your buddy or father hooks into a steelhead and passes you the pole.....well, you really didn't catch it yourself. That's great that you get to be part of the fun, but as far as the challenge goes, you **MUST** do it yourself. By all means though, get as much help from others as you can so that you can be in the right place at the right time and with the right gear and then fulfill the challenge on your own.

Report:

When you have reached a goal and completed a challenge, we want to hear about it. This can be done by emailing a photo and the write up info to oYC@jaredscottoutdoors.com or by mailing a photo and the form to 4229 E. 410 N., Rigby ID 83442. Please note that photos will not be returned. Those that email or mail their successful experiences in, will be part of the pool used to highlight participants on the Jared Scott Outdoor show. Those that are used will get additional prizes. Participants will get an entry into the prize pot for each challenge they report successfully being completed. Prizes will be announced at the summer barbecue at the end of the year long challenge.

★ The Outdoor Youth Challenge organization and those involved in it are not responsible for the actions of those participants or any injuries that are a consequence to trying to fulfill the challenges. Participants should know that any activity in the outdoors can be dangerous. With that in mind, all participants must have their own supervision as required by age and ability to be safe. All participants must follow the rules and regulations of the land pertaining to the activity they are doing. Each participant must have an adult mentor (parent, friend, or relative) to help fulfill the challenges.

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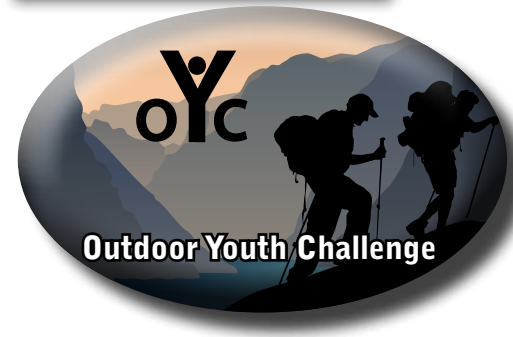
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Challenges



Hiking, Backpacking & Skiing

		Beginner	Intermediate	Experienced
Challenge 1	Hike a Mountain Trail	Hike a 5 mile round-trip trail in one day	Hike a 10 mile round-trip trail in one day	Hike a 15 mile round-trip trail in one day
Challenge 2	Backpacking (Carrying all your gear with you in your pack)	Backpack at least 5 miles round-trip and stay overnight	Backpack at least 10 miles round-trip on a 2 night trip	Backpack at least 15 miles round-trip on a 3 night trip
Challenge 3	Summit a peak	Summit a peak over 9,000 ft.	Summit a peak over 10,000 ft.	Summit a peak over 11,000 ft.
Challenge 4	Cross Country Ski	Ski 2 miles	Ski 4 miles	Ski 6 Miles
Challenge 5	Snowshoe	Snowshoe 1 mile	Snowshoe 2 miles	Snowshoe 4 miles

Motorized, Horseback & Bikes

Beginner

Intermediate

Experienced

Challenge 6**Motorized**

Ride 10 miles of a motorized trail

Ride 2 different motorized trails that are at least 20 miles round-trip

Ride 5 different motorized trails that are at least 20 miles round-trip

Challenge 7**Mountain Biking**

Bike 5 miles of mountain trails

Bike 10 miles of mountain trails

Bike 20 miles of mountain trails

Challenge 8**Horseback**

Ride Horses on 5 miles of trail

Stay overnight on a horseback trip

Stay at least 2 nights on a horseback trip



Hunting

Beginner

Intermediate

Experienced

Challenge 9	Hunt Big Game	Harvest a big game animal	Hunt 2 different big game species and harvest at least 1	Harvest 2 big game animals of different species
Challenge 10	Hunt Waterfowl	Harvest any water-fowl	Harvest both a goose and duck	Harvest a limit of ducks and geese
Challenge 11	Hunt Upland birds	Harvest any upland bird	Harvest 2 species of upland birds	Harvest 3 species of upland birds
Challenge 12	Hunt Turkeys	Harvest a turkey or Sandhill Crane	Harvest a turkey or Sandhill Crane	Harvest a Turkey or Sandhill Crane
Challenge 13	Go Trapping	Trap one furbearing animal	Trap 2 species of furbearing animals	Trap 3 species of furbearing animals
Challenge 14	Hunt Predators	Harvest a predator	Harvest a predator on 2 separate days	Harvest a predator on 3 separate days
Challenge 15	Forest Grouse ++	Harvest 2 kinds of forest grouse	Harvest all 3 kinds of forest grouse	Harvest all 3 kinds of forest grouse
Challenge 16	Archery Hunt	Harvest any legal game with a bow	Harvest any legal game with a bow	Harvest a big game animal with a bow
Challenge 17	Find some Sheds	Find a shed antler	Find a total of 3 shed antlers from 2 species	Find a total of 5 shed antlers from 3 species

Idaho's Cutthroat Grand Slam



Cutthroat Trout – Idaho's State Fish

by Brett High IDFG

Idaho's state fish is the Cutthroat Trout. Cutthroat Trout are native to this state, and were picked as the fish to represent the state because of their requirements for cold, clean water which Idaho has in abundance. There are several subspecies of Cutthroat Trout in the West. The four most common subspecies of Cutthroat Trout in Idaho are Westslope Cutthroat Trout, Yellowstone Cutthroat Trout, Bonneville Cutthroat Trout, and Lahontan Cutthroat Trout.

Westslope Cutthroat Trout are Idaho's most abundant and widely distributed Cutthroat Trout subspecies. Their native distribution is the Snake River system upstream to Shoshone Falls. Currently, they can be found in the Salmon, Clearwater, and Coeur d'Alene river basins. They are also commonly stocked in several of the alpine lakes in these river basins.

Yellowstone Cutthroat Trout are the next most common subspecies in the state. Their native range is the Snake River upstream of Shoshone Falls. They are currently found in the Blackfoot, South Fork, and Teton drainages as well as many alpine lakes in these basins as well as the Big and Little Lost drainages.

Bonneville Cutthroat Trout are native to Bear Lake and the Bear River system. They are currently still found in these systems.

Lahontan Cutthroat Trout are found in some lakes in southwestern Idaho. The Riddle Lakes include Grasmere, Bybee, Little Blue, and Shoofly lakes. It is a good idea to call the Region 3 IDFG office before making a trip to these lakes as some of them periodically dry up in drought years.

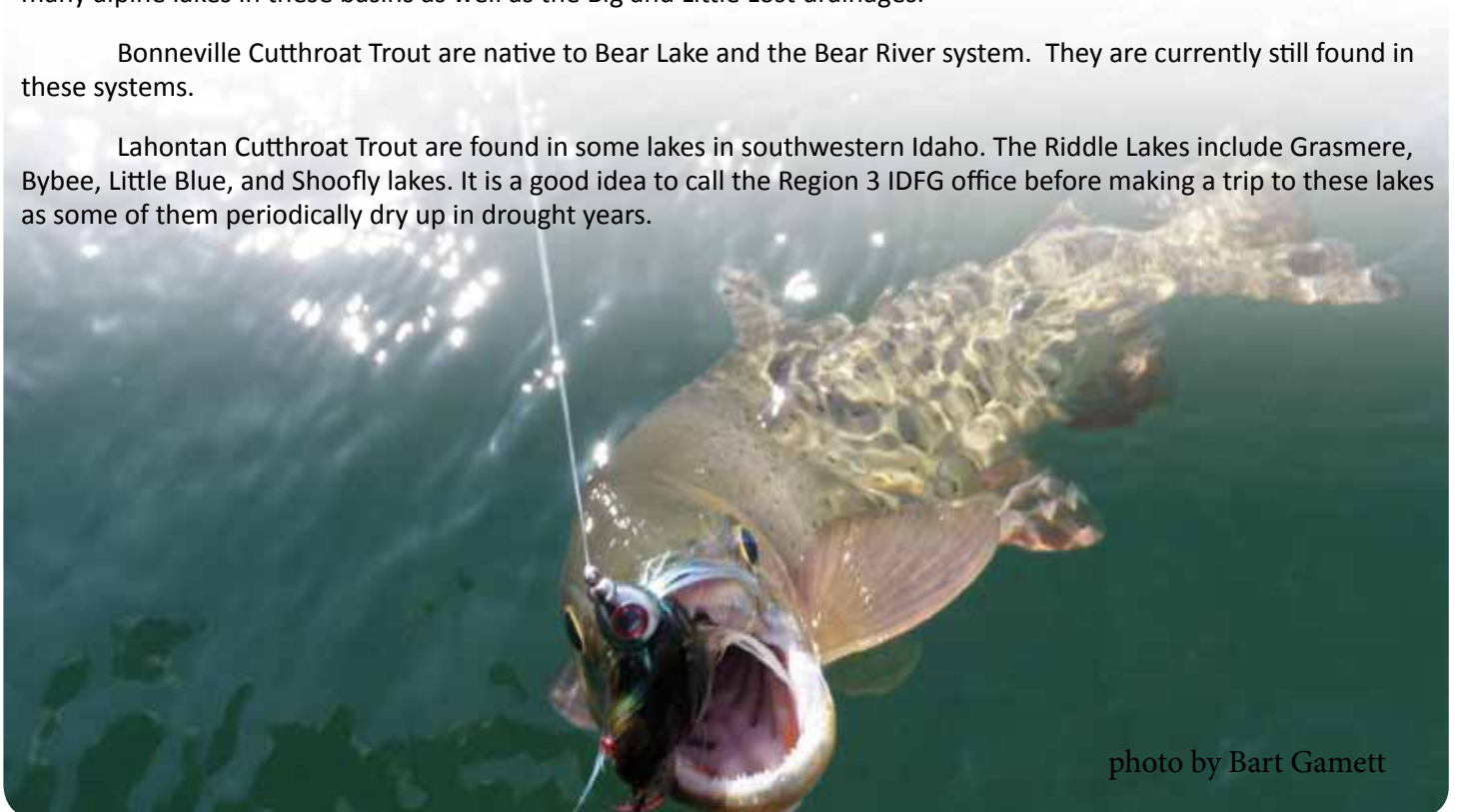


photo by Bart Gamett

A Rare Catch



by Brett High IDFG

Arctic Grayling and Golden Trout

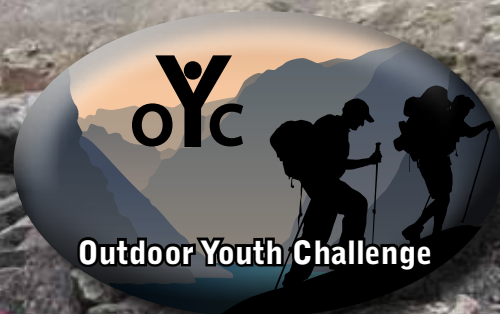
Here are two unique species of fish that a few hardy anglers pursue in Idaho's alpine lakes. These species are not native to Idaho, but are stocked into a few lakes at regular intervals. In the Upper Snake Region, Grayling can be found in Horseshoe Lake outside of Ashton as well as in some alpine lakes in both the Big and Little Lost basins. Golden Trout are stocked into a handful of alpine lakes in the Big Lost Basin. Finding where these unique fish are located is part of the experience of pursuing these rare trophies. You can find where these fish are stocked online at <http://fishand-game.idaho.gov/public/fish/stocking/> or by calling the IDFG Upper Snake Region office at (208) 525-7290.

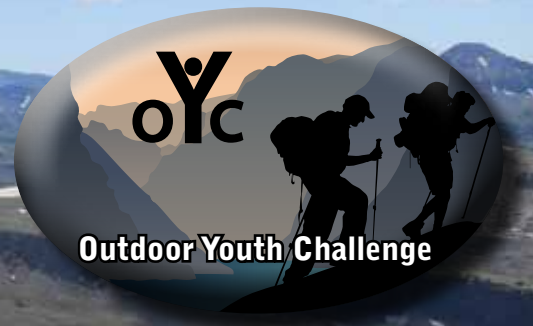


photos courtesy IDFG

Fishing

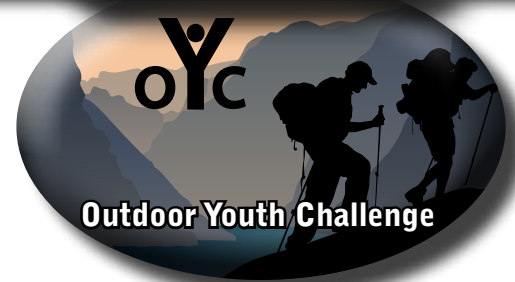
		Beginner	Intermediate	Experienced
Challenge 18	Go Fishing	Catch a fish using any method	Catch 3 kinds of fish using any method	Catch 6 kinds of fish using any method
Challenge 19	Go Fly-fishing	Catch a fish on a fly with a fly rod	Catch 2 kinds of fish on a fly with a fly rod	Catch 3 kinds of fish with a fly on a fly rod
Challenge 20	Tie a Fly	Catch a fish on a fly you tied	Catch 2 kinds of fish on flies you tied	Catch 3 kinds of fish on flies you tied
Challenge 21	Fish all year	Catch a fish in all 4 seasons	Catch 2 kinds of fish in all 4 seasons	Catch 3 kinds of fish in all 4 seasons
Challenge 22	Catch a Steelhead, Salmon or Sturgeon	Catch a Steelhead, Salmon or Sturgeon	Catch a Steelhead, Salmon or Sturgeon	Catch 2 of the 3, a Steelhead, Salmon or Sturgeon
Challenge 23	Make a Lure	Catch a fish on a lure you made	Catch 2 kinds of fish on lures you made	Catch 3 kinds of fish on lures you made
Challenge 24	Complete the Idaho Cutthroat Trout Slam	Catch 2 species of Idaho's Cutthroat trout	Catch 3 species of Idaho's Cutthroat trout	Catch all 4 species of Idaho's Cutthroat trout
Challenge 25	Catch a rare trout	Catch a grayling or golden trout	Catch a grayling or golden trout	Catch both a grayling and Golden Trout
Challenge 26	Catch Kokanee	Catch a Kokanee Salmon	Catch a Kokanee Salmon in 2 reservoirs	Catch a Kokanee Salmon in 3 reservoirs
Challenge 27	Bowfish	Land a carp or sucker with bowfishing gear	Land 3 carp or suckers with bowfishing gear	Land 6 carp or suckers with bowfishing gear
Challenge 28	Go Ice Fishing	Catch a fish through the ice	Catch a fish through the ice in 2 lakes	Catch a fish through the ice in 3 lakes





Adventure

		Beginner	Intermediate	Experienced
Challenge 29	Geocache	Find 2 geocaches	Find 3 geocaches, at least 2 of them a mile from motorized access	Find 5 geocaches, at least 3 of them a mile from motorized access.
Challenge 30	Photography Big Game	Photograph a big game animal from 100 yards or less	Photograph 2 species of big game animals from 100 yards or less	Photograph 3 species of big game animals from 100 yards or less
Challenge 31	Photography Birds	Photograph 5 species of birds close enough to see it's markings	Photograph 10 species of birds close enough to see it's markings	Photograph 15 species of birds close enough to see it's markings
Challenge 32	Photography Critters	Photograph 3 wild critters that are not big game or birds	Photograph 6 wild critters that are not big game or birds	Photograph 10 wild critters that are not big game or birds
Challenge 33	Hot Springs	Soak in a hot spring on public land	Soak in 2 separate hot springs on public land	Soak in 3 separate hot springs on public land
Challenge 34	Pan for Gold	Find gold by panning	Find gold in 2 separate drainages by panning	Find gold in 3 separate drainages by panning
Challenge 35	Visit State Parks	Visit a State Park	Visit 2 State Parks	Visit 3 State Parks
Challenge 36	3D shoots	Participate in a archery 3D shoot	Participate in 2 archery 3D shoots	Participate in 3 archery 3D shoots
Challenge 37	Shotgun Shooting	Participate in a shooting event	Participate in 2 shooting events	Participate in 3 shooting events
Challenge 38	Cook Dutch Oven	Cook 1 meal in a dutch oven	Cook 2 meals in a dutch oven	Cook a breakfast, dinner and bread in a dutch oven
Challenge 39	Find a Gem	Find a gem	Find 2 different kinds of gems	Find 3 different kinds of gems



Water Adventure

		Beginner	Intermediate	Experienced
Challenge 40	Canoe or Kayak a lake	Canoe or Kayak 5 miles on a lake	Canoe or Kayak 10 miles on a lake	Canoe or Kayak 15 miles on a lake
Challenge 41	Canoe or Kayak a river	Canoe or Kayak 5 miles of river	Canoe or Kayak 10 miles of river	Canoe or Kayak 20 miles of river
Challenge 42	Whitewater I	Float 5 miles of river	Float 10 miles of river	Float 2 rivers at least 10 miles each
Challenge 43	Whitewater II	Stay overnight on a float trip	Stay 2 nights on a float trip	Stay 3 nights on a float trip



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VOLUNTEER

From working with the Idaho Fish and Game on the rivers, netting spawning trout at Henry's, planting shrubs and helping to catch game for tagging, you never know what opportunities may arise when you volunteer. It can be as tough as taking down fences or as simple as helping drive others or shuttle vehicles. Whatever your age and ability, there may be projects that you can contribute to.

If you're interested, stop by either the Idaho Falls or Pocatello office and fill out a Volunteer Service Agreement. With that done, you will get emails concerning upcoming volunteer opportunities with all the details and then you can decide if you'd like to participate and if your own schedule allows. It's up to you when and what projects you help with.



A crew of volunteers heading out for some "work"

For questions in the Upper Snake Region call James Brower at the Idaho Falls office 525-7290

Email questions to james.brower@idfg.idaho.gov

For questions in the Southeastern Region call Tessa Atwood at the Pocatello office 232-4703

Email questions to tessa.atwood@idfg.idaho.gov



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Exercise & Volunteering

Beginner

Intermediate

Experienced

Challenge 44	Conditioning I	Train and run in a 5K race	Train and run in a 10K race or 2 5K races	Train and run in a half marathon or 2 10K races or 4 5K races
Challenge 45	Conditioning II	Run a mile 3 days a week for a month	Run 2 miles 3 days a week for 2 months	Run 4 miles 3 days a week for 2 months
Challenge 46	Conditioning III	Create your own 30 minute workout routine doing it 3 days a week for a month	Create your own 45 minute workout routine doing it 3 days a week for 2 months	Create your own 1 hour workout routine doing it 3 days a week for 2 months
Challenge 47	Sports	Participate in a full season of organized sports	Participate in a full season of organized sports	Participate in a full season of organized sports
Challenge 48	Volunteer I	Volunteer 5 hours with a government agency on an outdoor related project	Volunteer 10 hours with a government agency on an outdoor related project	Volunteer 20 hours with a government agency on an outdoor related project
Challenge 49	Volunteer II	Volunteer on a project with the Idaho Fish & Game	Volunteer on 2 projects with the Idaho Fish & Game	Volunteer on 3 projects with the Idaho Fish & Game
Challenge 50	You Pick	Make your own Approve it first by emailing the idea to oyc@jaredscottoutdoors.com		

